

# Construction and implementation of a model of Nursing consultation in the preoperative general programmed surgery

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## Introduction

Surgery is a new reality that causes several changes in the life of everyone. The health-disease transition, as can be considered the surgical experience, is associated with a sudden change in the performance of the role resulting from the change in the health condition. Nurses may be the support for the experience of the transition that patients may experience.

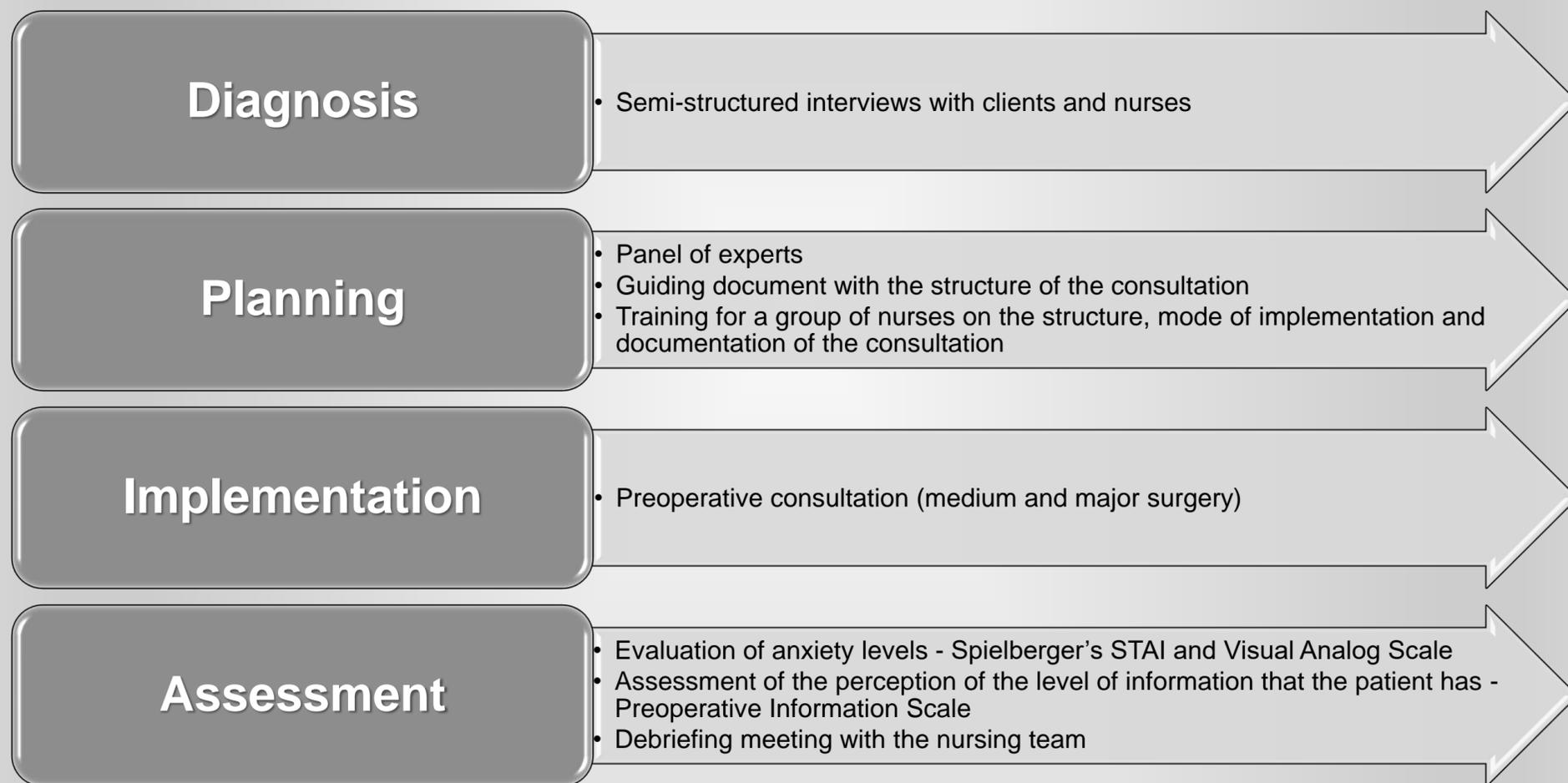
## Objectives

General objective: to implement a preoperative nursing consultation with the patient undergoing elective general surgery.

Specific objectives: to assess the preoperative nursing care needs of patients undergoing elective general surgery; to structure a preoperative nursing consultation; to implement a preoperative nursing consultation; to assess the impact of a preoperative nursing consultation.

## Methods

Study framed in a qualitative paradigm, in the form of action research, along 4 phases



## Expected Results

This study is intended to contribute to the improvement of nursing care provided to surgical patients in the preoperative period. Thus, the expected results are the construction and implementation of a nursing consultation the reduction of anxiety levels in the preoperative period of the patient to be submitted to elective general surgery; the satisfaction of their information needs; to identify health gains sensitive to nursing care in surgical patients.

## Conclusion

The nursing consultation can be a valid strategy for the development of nurses' autonomy and professional recognition. The action of nurses to promote health gains for patients should be based on a decision-making process that requires skills, knowledge, attitudes and abilities.

## References

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